Coming from Walnut Creek direction:
From Hwy 24 W:
- Exit College Ave. (.3 mile)
- Take your first right onto Presley Ave. (.1 mile)
- Turn Right onto Chabot Road (.4 mile)
- The Training Center will be on your left. You will go up a hill and turn right onto the property.

Coming from San Francisco/Oakland direction:
From Hwy 24 E:
- Exit Broadway and at the stoplight turn Left onto Broadway. (.5 mile)
- Turn Right onto Golden Gate Way (just after College Preparatory School). (less than .1 mile)
- Turn sharp right onto Golden Gate Ave. (.1 mile)
- The Training Center is on the corner of Chabot Road and Golden Gate Ave. You will go up a hill and turn right onto the property.

Coming from Castro Valley/Dublin/Pleasanton
- Take 580 West
- Take CA-13 North/Warren Fwy
- Merge onto Hwy-24 West
- Exit College Ave. (.3 mile)
- Take your first right onto Presley Ave. (.1 mile)
- Turn Right onto Chabot Road (.4 mile)
- The Training Center will be on your left. You will go up a hill and turn right onto the property.

Coming from Richmond/San Rafael
- Take 580 East
- Merge onto Hwy 24-East
- Exit Broadway and at the stoplight turn Left onto Broadway. (.5 mile)
- Turn Right onto Golden Gate Way. (less than .1 mile)
- Turn sharp right onto Golden Gate Ave. (.1 mile)
- The Training Center is on the corner of Chabot Road and Golden Gate Ave. You will go up a hill and turn right onto the property.

Please note that there is no parking on the driveways leading up to the site.
Parking is permitted in the parking lot and Chabot Road.